Visit Sheffield. Clutch, steep.

Most mountains: Austria. Sister SoM. Salzburg.

Me photos places from film. Organised coach tour.

Singing songs, not my thing. Tour was highlight.

Scenery. Start low, steadily see further and more.

Climb: bend brings view of lake. *Describe.* Airport.

…Cramped tube. Stansted. Cambridge. Fens.

Furthest trees. Bend brings roadworks.

Speaking don’t have experience: mountain & valley

Metaphorical: mountain-top, valley, flats (fens?)

Passage follows transfiguration ***[read 17:1-8]***

Peter, James, John ultimate m-top experience.

Face & clothes. Moses & Elijah. Stay. Hear God.

Adrenaline. Feel coming down? Confused. Glorious.

Relate to high? Every corner something amazing.

Dream holiday. Relationship. New child.

Spiritual? Camp. Regular reading. Sunday service.

Great: blessings, Christ, scripture, others, heart.

But fade. M-top followed by valley.

J + disciples mount to messy situation.

Crowds. Father. Disfigured son. Other disciples.

Father driven by grief begging.

What brings father? Good. Protector. Provider

Never begging. But…watch son. Fire. Water.

Powerless. Disciples unable. Utterly helpless.

Areas you helpless? Health you or loved. (PMS).

Financial: debt, job. Broken relationship, no restore.

Inadequacy (responsible). Share truth friend, child.

Society values. Helplessness leaves in valley.

Passage good news: ***[v18]***.

J. Hears. Comes. See pain & faith. Heals.

Rebukes demon, flees. Boy’s suffering ended.

1: in valley we can turn to J. When seem impossible.

J. not on mountain but near.

2: can bring healing. Compassion. Recognise faith.

(even weak faith).

Temptation in valley to turn away. To say “…”

Not true. J. enters mess. Compassion. Healing.

No gain from turning. Instead lose…

Father show role trial can have.

Faith refined. All else let down. Stripped away.

Only Christ. Faltering. Others’ “crooked, perverse”

Trial produced faith. *Son’s suffering terrible*.

Result of sin. But God turn to good.

So many reject, father has faith. Similar for us.

Spurgeon. “..”. Waves turn us to RoA – Christ.

Looked father, now disciples. 9 stayed behind.

v16: had a go. Failed. Commanded? Placed hands?

Let father down. Embarrassed. Shaken. Ask Jesus.

Should have. Matt 10 ***[read 10:1,8]***. Done since.

Why not now? J. begins explain ***[v19-20]***.

Little faith. Yet if mustard seed... Tiny. Less -> none.

How D’s have no faith? D’s who… Faith *they* can.

That’s it. Think *they*. Power in self.

God’s power normal. Forget dependent. In all.

Routine -> normal. Faith in self.

Easy to do. See in highs. Valleys help. Routines?

High -> normal. When bless means tick along.

No see bless. Church. Bible. Freedom.

Job, house, friends. Alps. Gifts.

Note v21. Mark 9:20 says “…”. Not even prayed.

Reflect: in what ways do you? Do you…?

In what areas good self, done before, good?

Challenged: church. Fail to pray for my role.

Beyond me: all through week so blessed.

J+A? Parents & SS teachers. Evangelists. Musicians.

Lunch. Tech. Practical: finances, building, chairs.

Assume happen, forget blessing. Not us, right, is.

Church as example. Daily bread.

When don’t turn to G we deprive G. of glory.

Also deprive selves. J. illustration move mountains.

Invitation to explore, delve depths. What else?

Satisfaction. Contentment. Restore rebellious heart.

Invitation on mount ***[read 7:8-11]***. Give good gifts.

Don’t see mountains move – good gifts. Needed.

Invitation to ask – confident of goodness of reply.

FoMo? Truly missing out.

Looked at father and son: valley. Disciples: flats.

Turn to Jesus.

Recent Matt: tension. Rejected in Nazareth.

Learn of JtB. Miracles (feeding, walking). Hounded.

Demand signs. Even Ds lose focus, misunderstand.

Transfig got away. Relationship father. Tangible.

Son from eternity back with father. Face. Clothes.

Stay forever!

Seen: doesn’t. Knows why come. Comes down.

Descends: father, crowds, disciples.

Sees unbelieving people who could enjoy.

Leaves mountain-top to enter valley.

Passage is picture of bible story.

Fallen people. Christ leaving heaven entering mess.

Conceived the power of the Holy Spirit. Entered.

Suffered under Pontius Pilate. Crucified died buried.

Mountain to valley. Descended to the dead.

3rd day rose. Ascended. Seated.

Same story Paul writes ***[read Phil. 2:6-9]***

J. points full story. 2nd death predict. ***[v22-23]***.

Descend transfig, heal boy. SoM already descend.

Crucified died buried. Descended dead. 3rd day rise.

‘Cos rose: valley (cross, tomb) -> mountain.

Free sin. Relationship. Blessings in Christ.

1 more bend. Story 1 more stage.

J. reaction to faithlessness. ***[v17]***. How long?

Teach & re-. Miracles… Put up.

Tolerance. Patience. Unbelievers. Sinners.

Not rhetorical then. Important now.

J. came, died, ascended. Return judge living & dead.

Eternal kingdom. One day full judgement.

See story? Pain & valleys. Ultimate problem: sin.

J. brought healing. Where faith? Now & to come.

Faith? Rejoice. Hope. Depths.

**Close**

Father. Disciples. Jesus. Quiet.